



Bubbling Over



- Phil 4:1 Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!
- ² I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. ³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life



- ⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
- ⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Joy comes with Jesus



- Hebrew word; to leap or spin around with pleasure
- Joy is a delight in the mind arising from the consideration of a present or assured future good.
- When joy has so long possessed the mind that it has settled into the temper we call it cheerfulness.
- There is a moral joy which is self approbation; it arises from the performance of any good actions; this kind of joy is called a peace, or serenity.

Maintaining Joy

- The delight of the mind





Maintaining joy... in the face of tedious conflict

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Maintaining joy... in the face of discouragement

- ³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life



Maintaining joy... in the face of cynicism

- ⁴ Rejoice in the Lord always. I will say it again: Rejoice!



Maintaining joy...
as you release the problem to God

- ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Maintaining joy... as you take steps to guard your joy!

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So What?

- Living into your call is never easy
 - You minister as a Pastor
 - You minister as a Nurse
 - You minister as a Manager
 - You minister as a Teacher
- Making the church your support group is not easy
- Wouldn't it be easier to just stop going?





So What?

- Who do you “intend to contend” with?
- You want your life to count. With who?
- The church was never designed to be a spectator event. Get involved!
- Right now; we need people to “do” not just watch.
- Fall ministry is being planned; say yes!